JULY 2023 VOICE OF ZION

A Monthly Publication of
Zion Lippe United Church of Christ
9000 Copperline Rd E
Mt Vernon IN 47620
812 985-2437

website: zionlippe.org

Secretary email: zionlippesecretary@gmail.com

Secretary Hours:

Tues, Wed and Thurs 8:30 am - 12:30 pm

Rev. Jeff Long, Pastor

Pastor cell: 812 306-4675

Pastor email: <u>zionlippepastor@gmail.com</u>

Sunday Family Worship at 10 am Sunday School at 9 am

Worship Attendance

<u>Date</u>	In Person	Virtual (est.)
5/28	108	68 devices
6/4	137	59 devices
6/11	135	54 devices
6/18	118	56 devices
6/25	152	58 devices

Sunday School Average Attendance

June: Adult (18+) = 11

Youth = No Youth SS in Summer

SUNDAY WORSHIP SERVICES ARE LIVE STREAMED and RECORDED FOR LATER VIEWING ON YOUTUBE!

You can always join us for Sunday worship wherever you might be. To easily view the live worship service simply go to our church webpage... www.zionlippe.org... and click on the "Watch Live" tab and you will be able to view the worship service when it goes live. For later viewing of recorded services, go to YouTube and search for Zion Lippe.





Thank you to the many folks who have volunteered! Please continue to look for the monthly schedules in the next Voice of Zion newsletters.

July 2 – Bob & Linda Juncker

July 9 – Dan & Nicole Hoffman

July 16 – Rob & Cherie Johnson

July 23 – Theresa & Jessie Juncker

July 30 – Adam Kendall

Aug 6 – Roger & Joyce Klenck

Aug 13 – Matt & Lauren Kern

Aug 20 – Dan & Linda Koch

Aug 27 – Tom & Katy Lang

We will have magnetic name tags available for our greeters, and hand-shaking is optional. If possible, please try to be here about 9:30 am or so. If you know ahead of time that you can't greet the Sunday you are scheduled, you can let Worship Chair, Rosie Bogard know – but if something comes up and you can't make it that's ok!

If you haven't already talked with Rosie Bogard about greeting, but would like to be added to the schedule, please contact Rosie or the church office.



JULY

In order to share in the joys and celebrations of our lives as a congregation we publish a monthly list of birthdays and anniversaries of members and friends of Zion. Numbers in () represent the year they married.

HAPPY ANNIVERSARY!

- 2 Gary and Donna Hartig (1965)
- 5 Carl & Kathy Barchet (1969)
- 6 Bob & Linda Reutter (1968) Joe & Rhiannon (Barnhart) Anderson (2013)
- 7 Jeff & Kris Long (1989)
- 14 Cameron & Shelbi (Hollen) Brown (2018)
- 16 Roger and Darlene Roedel (1983)
- 20 John and Darlene (Muehlenbein) Breiner (1957)
- John & Rita Schmitt (1989)Michael & Carly (Schmitz) Patterson (2005)
- 28 Martin and Suzie (Nicholson) Schroeder (1984)
- 30 Ryan & Miranda (Johnson) Daugherty (2022)

HAPPY BIRTHDAY!

- 3 Sharon Herrenbruck, Raelynn Hast, Stephanie Warner
- 4 Michael Klenck
- 5 Susan Schroeder, Kelli Mohr Elizabeth Green-Adams
- 6 Dwayne Mahrenholz, John Breiner Sr. Maxen Anderson
- 8 Jay O'Risky
- 9 Stacey Hyslop
- 11 Grant Cullman
- 13 Eugene Esche
- 14 Julie Klenck
- 15 Robert Klenck, Dwight Esche, Shelby Sauve
- 16 Staci Voegel, Tamara Starnes, Charles Blake Elkins
- 17 Joli Willett
- 19 Samantha McCutchan, Charlotte Green, Thomas Ewers, Jr
- 20 Connie McCutchan, Lucas Bullington

- 22 Nicholas Schroeder, Larry Droege, Tim Hoenert, Silas Primus
- 23 Lillian Randall, Delwin Parker, Bob Cummings
- 24 James Klenck
- 25 Roger Klenck, Maggie McCutchan. Mildred Montgomery
- 26 Alice Garness
- 27 Hope Schmidt
- 30 Hans Schmitz, Kim Bredemeier
- 31 Darrel Smith

Congratulations to Michael Klenck & Megan (Jackson) Winka, who were married at Zion on June 16, 2023.

MEMORIAL GIFTS

A portion of memorial

funds of Rev. Ken Scherry were used in April 2023 to purchase 40 Children's Pew Bibles. We thank the family and donors for this gift.

Join Us at the OTTERS GAME Friday, August 4 at 5:30 pm for the ZION BOX SEAT PICNIC - includes:

- Otters Ballgame Ticket
- All You Can Eat Hamburgers, Hot Dogs, Chips, Baked Beans, Soft Drinks & Water
- Fireworks following the Game

Cost is \$15/person (children under 5 free)
Contact Carl Barchet

c.barchet@hotmail.com or 812 431-8359

by July 25 to reserve your spot!

Dear Church Family, now that summer is really upon us and school has been out for several



weeks now many of us have probably settled into the "summer" routine. It is wonderful to see all sorts of photos of families who have already fit in vacations and time away from the normal duties of everyday life. There is so much to look forward to when we get into these wonderful summer months.

The summer season, with all our coming and going, visits and vacations, is a great time to renew and refresh our spiritual lives. A

change of seasons gives us a chance to see, explore, and find renewal- not only in our lives but within our spiritual journeys, too. The summer months are a ripe time to try new avenues for spiritual growth. Read a particular part of the Bible (Psalms, Proverbs, Esther, Micah, John, Romans, 1 & 2 Timothy, or Daniel just to name a few) or plunge into a spiritual book before you dive into that "Best Seller" you have on your reading list. Add a new prayer ritual or set a prayer time that differs from your current daily prayers, or if you don't have a prayer time schedule, now is a great time to start one.

If you are traveling over the summer months, in addition to your packing list of sunscreen, hotel reservations, car snacks, and trip plans.... make sure you have plans to enrich and grow your spiritual life and the spiritual life of your family. Just because you are on vacation doesn't mean you should forget about your spiritual walk with God. In fact, what a better time than now to recognize God's grace, creative beauty, love and abundance. Plan for a daily devotion, special prayer time, and visit a church in the area where you are visiting.

One thing I love about the United Church of Christ is that we are a connectional church. There are some great churches and preachers out there- go and experience the wider body of Christ when you travel this summer. And, when you get home, share your experiences with us and with each other. Tell us where and how you have seen God at work! During this season of "coming and going" seek where God is calling you to go and always remember where you come from and to whom you belong. Praise God for a new season for us to remember God's faithfulness and love. May this summer continue to be a time of spiritual growth and renewal for you, your family, and our church.

Blessings Everyone, Pastor Jeff

A SUMMER PRAYER

Let Me Live Grace-fully - a prayer by Ted Loader from the book - *Guerillas of Grace* "Thank you Lord, for this season of sun and slow motion, of games and porch sitting, of picnics and light green fireflies on heavy purple evenings; and praise for slight breezes. It's good, God, as the first long day of your creation. Let this season be for me a time of gathering together the pieces into which my busyness has broken me. O God, enable me now to grow wise through reflection, Peaceful through the song of the cricket, recreated through the laughter of play. Most of all, Lord, let me live easily and grace-fully for a spell, so that I may see other souls deeply, share in a silence unhurried, listen to the sound of sunlight and shadows, explore barefoot the land of forgotten dreams and shy hopes, and find the right words to tell another who I am. Amen."

Council Meeting Highlights – 4/11/23

In attendance: Pastor Jeff, Bob Juncker, Rosie Bogard, Brian Crase, Michelle Heneisen, Stacy Wagner, Russell Roehr

- Rosie reported that 20 lilies were ordered and all paid for. Kids bibles were ordered and distributed to the kids during children's time.
- Russ gave property report Roger spread a load of rock on the side of the garage. Steeple light is not working and has been off for several weeks. A new bulb has been purchased, and Alex Kaufmann agreed to assist with changing it. May instead be a problem with the ballast, will try the bulb first to see if it fixes the issue. Russ mentioned there was a suggestion to change over to LED type steeple lights, but would have to re-do the lighting, fixtures and everything. Deferring for now due to cost unless we continue to have problems.
- Solar update South facing roof is an optimal placement for panels. Morton Solar gave
 information relating to this. Several local churches have had solar put in recently. Brad
 Morton said he would need electric consumption reports for the last couple of years. Ruth has
 copied the details for Russell relating to this. Brad Morton said he would be willing to present
 the project to the council so we have a chance to ask questions.
- Education update Sunday School teachers would like to change the curriculum, will plan to meet with Pastor Jeff once he comes back from vacation. Easter egg hunt went really well.
 Recreation update – Port a Jon was delivered. Carl is working on an Otters outing for the church.

Council Meeting Highlights – 5/9/23

In attendance: Pastor Jeff, Bob Juncker, Rosie Bogard, Brian Crase, Michelle Heneisen, Patrick Schroeder

- Michelle discussed Endowment Committee Requests for Heifer International and Habitat for Humanity. Since no quorum, requests to be sent out to full council later for approval.
- Pat and Bob discussed making endowment request process simpler and easier.
- Discussion regarding updates to the basketball court near the ball diamond. Suggested adding new backboards and nets to help the space look nicer.
- Carl to look into pricing for an Otter's game event this summer.
- Pastor Jeff reported on meeting with Sunday School teachers. Vacation Bible School to be at Zion this year, dates will be July 9th thru 11th.
- 21st of May will be last Sunday School for kids for the summer, will be taking a break for kids' Sunday School.
- Michelle Heneisen discussed the property update; Sunday School roof shingle repair was completed by Chapman Roofing. Landscape upgrade was completed in front of Sunday School hall by the McCutchan family.
- Solar Project Update Electric Bills for the past 18 months were sent to Morton Solar for review. Waiting an updated "initial" quote using actual consumption. Request made for

Morton Solar to come and present to council and overview of the potential project and to have a Q&A session. More to come.

Council Meeting Highlights – 6/13/23

In attendance: Pastor Jeff, Bob Juncker, Rosie Bogard, Brian Crase, Michelle Heneisen, Nancy Lewis, Russ Roehr, Carl Barchet

5/31 YTD Regular Offering: \$87,847.49 5/31 YTD General Fund Income: \$91,876.32 5/31 YTD General Fund Expense: \$83,903.20

- Carl reported details relating to the basketball goals. One of the backboards is damaged and
 may need to be replaced. New frame and goal would be about \$1,000 in total. Lots of
 discussion regarding other options for this area, including eliminating the road-facing goal to
 increase safety and repaving and resurfacing the courts to improve the overall look. Carl to put
 a proposal together by next council meeting on cost to remove the goal and make the
 resurfacing improvements.
- Carl provided potential dates for Otter's game this summer. Council selected August 4th as the best date for the event and determined that the church could help offset the costs of the event as in the past to make the price \$15 per person again.
- Nancy attended Nursery School advisory meeting and reported that they had 20 graduates in 2023, next year have 21 Pre-K students and 18 Nursery students registered. Also hired a new Nursery class lead this year, Marissa Weatherholt.
- Request came in for Zion to fund tuition for attendees to Camp Illiana as in the past. Ramsey
 Barrow and Lyla Hautman to attend, tuition is \$289 per child. Church to pay half of this and
 Sunday School to pay the other half, as in years past. Council approved. (Church will
 reimburse Barrow and Sunday School reimburse Hautman)
- Russ discussed property update Roger Roedel painted the North Sunday School vents and resecured some. West side steeple light was changed by Alex Kaufman, light is now functioning, meaning the ballast is likely fine. Cemetery stone repairs were completed after some stones had fallen over. Several updates were made in the basement area near the furnace, including replacement of light switches and lighting and pouring concrete to shore up some of the steps.
- Solar Project Update Meeting to be set up in late June for Church Council and Brad Morton of Morton Solar to provide details on what a solar panel project would look like and to answer the council's questions on the subject.
- Council discussed and set the date for the semi-annual meeting for August 13th.

Thank you for the support I was given as I was confirmed in April. I appreciate everyone's thoughts, cards and gifts, and am very thankful for my church family. Tyson Barrow

A Big Thank You to the many folks working to keep our facilities in good condition:

- thanks to Terry Schroeder, Warren Hildebrand, Gary Voegel, Ron Willett, Steve Fuelling and Pastor Jeff for cleaning up and organizing the block garage, painting guard posts around church and repairing concrete steps and foundation going into basement under the sanctuary.
- thanks to Gary & Staci Voegel for keeping our ballfield and grass there looking good.
- thanks to Roger & Darlene Roedel for all they do to keep the church and parsonage grounds and yards looking good. And to Roger for hauling rock for parking lot.
- thanks to Chris McCutchan and crew for installing new landscaping plants & trees around church and playground.
- thanks to the Women of Zion for the huge clean up in kitchen and back storage room.
- thanks (in advance) to the crew who will be working to straighten and reinforce the fencing around parsonage.

Thank you to everyone else for what they do around our church; we may not always not realize or notice, but God does!

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Zion Lippe VBS - July 9-10-11 from 5:30 PM to 8:00 PM.



Join us for an unforgettable adventure at Zion for our 2023 Vacation Bible School "Adventures in Faith"!

This adventure is open to children ages 4-12 (pre-K through 6th grade). Don't miss out on the fun!

- * On **Sunday** evening, we'll dive into the captivating story of Noah and the Flood, accompanied by a delightful petting zoo.
- * Monday night brings us to the mountaintop with Moses to receive the 10 Commandments. We'll also explore the miraculous burning bush with a visit from a real fire truck!
- * Finally, on **Tuesday**, we'll discover the inspiring story of Jesus calming the storm and engage in fascinating discussions about weather.

Register now to secure your spot and experience incredible Adventures in Faith: https://forms.office.com/r/YcMXxY0Yhu

Spread the word, invite your friends, and let's make this Vacation Bible School a truly unforgettable experience!

#ZionLippeVBS #AdventuresInFaith #VBS2023 #RegisterNow

<u>Grief can be Scary</u> (Taken from <u>www.griefrecoverymethod.com</u>)

Most of us deal with grieving experiences on a regular basis and never realize it! While



most people associate grief with death, it's something that reaches far beyond that narrow focus. Grief is the normal and natural reaction to every change we experience in life. Many of those changes are so small that, while we have feelings attached to those events, we do not label them as grief.

Most of us learn to bury our emotional pain at an early age, because, without even realizing it, our parents have told us to do just that. Think back to an early loss that caused you to cry. It may have been a lost treat, toy or even a balloon. In all likelihood, your parents told you, "Don't feel bad," and probably added, "We will get you a new one." Now ask yourself, when they first said those words, did you feel any better? Perhaps you felt somewhat better if they were able to quickly replace it with an identical copy, but in those first moments you still felt sad.

That discounted grief you felt in those first moments helped set the stage for how you would deal with grief and loss for the rest of your life. As you dealt with more losses, at that early age, you probably heard those same words many times. The message that you internalized, again without realizing it, was that showing feelings of sadness was not the right thing to do and you simply stuffed those feelings inside. This is hardly a unique experience. With these additional losses, you were likely given intellectual reasons why you should not feel bad. While that might not have helped you feel any better, the logic that was used further convinced you to discount the impact of each loss.

What you did not understand, because there was no one to tell you, is that grief is emotional and not intellectual! A grieving person may try to deal with their feelings in their head, but that offers little solace. Grievers have broken hearts, not broken heads.

Perhaps the best way to describe what is happening to you, when you continue to stuff those feelings of emotional pain of loss, is with an analogy.

Think about a large mixing bowl. Every time you stuff another painful emotional experience, rather than releasing it, it is like adding water to that bowl. Sometimes, you are adding a few drops. Other times you add a teaspoon or a cup of water, depending on the emotional intensity of the loss. As time passes, you are slowly filling up that bowl. In a sense, just as you see there is less unfilled space in that bowl, in your heart, you have less space for joy in your life. The process of filling this bowl is so gradual, as you store more losses inside, you never notice that it is getting heavier and heavier. Then, one day, you experience another loss that causes your bowl to overflow.

All of us, at one time or another, have had a moment when we found ourselves overreacting to something that has happened. In that moment, you cannot help adding a little more volume to your voice or being more physical in how you respond to your

(Fear cont'd)

situation. Sometimes you might even realize that you are overreacting, but you just cannot help it, because it feels so good! It's in those moments that your emotional bowl is so full that you cannot help but shake it to splash out some of that water. You are a little out of control, and have no tools to relieve that pressure that has been building up inside.

That lack of control is what makes grief scary!

Most of us develop the ability to try to control lives and emotions. That is one part of the socialization process. When you are deeply grieving a loss, it's then that you feel a loss of control. Suddenly, you cannot control your feelings and that can be overwhelming. You might find yourself feeling sad and/or crying without any ability to stop. You might find that things that were once important no longer have any meaning. These are among the many common reactions people have to grief. This can be scary, since this is different from what you have experienced before. It can make you afraid of your future, since, due to that loss, it's likely not the future you had planned.

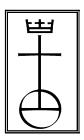
When feeling so overwhelmed, there are two different directions that grievers take.

The first is to start looking for physical actions you can take to feel better. It might be having a drink or taking medication. Some turn to food or exercise, while others find temporary relief in gaming of some kind. The list of possibilities is endless. The problem is that these only offer a measure of relief while you are doing them. Once you are done, that emotional pain tends to resurface. These activities are called Short Term Energy Relieving Behaviors. They offer short-term relief, but no lasting sense of well-being.

The other activity that many turn to is to seek out a support group. (If that "short-term" relief has grown into a grief issue of its own, it might be a group to help you deal with this new problem!)

Meeting in a supportive group can help those who are experiencing grief to take emotional action to deal with the underlying issues that make your personal grief so overwhelming. The recovery that you experience from taking this action is in that you can once again enjoy your fond memories without being overwhelmed by your emotional pain. It's not about forgetting, but rather taking positive action to deal with the *unfinished business* in your relationship: the things that you might have wished had been different, better or more. This is not an action of "disrespect" for the loss you have experienced, but instead one that allows you to respect and share the value of a positive relationship with others. In those situations, where a relationship was a negative rather than positive one, it will allow you to once again regain control over your happiness and future.

A final thought. If you have found grief to be overwhelming for you, it's not because there is anything wrong with you. Grief is the normal and natural reaction to change in your life. Grief can be scary, but it does not need to destroy your life and your ability to feel joy, unless you allow that to be the case!



ZION LIPPE UNITED CHURCH OF CHRIST 9000 COPPERLINE ROAD E MT. VERNON IN 47620



SLEEP IN HEAVENLY PEACE Next Work Day is Sat July 8 8 am –Noon at 1303 S Green River Rd - Evansville, IN 47715

All ages are welcome (children under 12 cannot use power tools but can assist in other ways). Let Pastor Jeff know if you are interested or have any further questions.

