NOVEMBER 2023 VOICE OF ZION

A Monthly Publication of Zion Lippe United Church of Christ 9000 Copperline Rd E Mt Vernon IN 47620 812 985-2437 website: zionlippe.org

Secretary email: zionlippesecretary@gmail.com

Secretary Hours: Tues, Wed and Thurs 8:30 am – 12:30 pm

Rev. Jeff Long, Pastor

Pastor cell: 812 306-4675 Pastor email: <u>zionlippepastor@gmail.com</u>

> Sunday Family Worship at 10 am Sunday School at 9 am

Worship Attendance In Person Virtual (est.) Date 10/171 devices 122 10/8 97 56 devices 10/15 157 49 devices 10/22 125 51 devices 10/29 49 devices 147

Sunday School Average Attendance

October: Adult (18+) = 17 Children (downstairs) = 8 Youth (grades 6-12, includes Conf.) = 12

SUNDAY WORSHIP SERVICES ARE LIVE STREAMED and RECORDED FOR LATER VIEWING ON YOUTUBE !

You can always join us for Sunday worship wherever you might be. To easily view the live worship service simply go to our church webpage... <u>www.zionlippe.org...</u> and click on the "Watch Live" tab and you will be able to view the worship service when it goes live. For later viewing of recorded services, go to YouTube and search for Zion Lippe.



Greeter Schedule for upcoming Sundays:

Thank you to the many folks who have volunteered! Please continue to look for the monthly schedules in the next Voice of Zion newsletters.

> Nov 5 – Keith & Connie McCutchan Nov 12 – Phil & April McCutchan Nov 19 – Linda Messel & Stacy Wagner Nov 26 – Bill Meyer

> > Dec 3 – JJ & Kelli Mohr Dec 10 – John Moye Dec 17 – John & Miranda Pieszchalski Dec 24 (10 am) – Delwin & Patti Parker Dec 31 – Katie Primus

We will have magnetic name tags available for our greeters, and hand-shaking is optional. If possible, please try to be here about 9:30 am or so. If you know ahead of time that you can't greet the Sunday you are scheduled, you can let Worship Chair, Rosie Bogard know – but if something comes up and you can't make it that's ok!



NOVEMBER

In order to share in the joys and celebrations of our lives as a congregation we publish a monthly list of birthdays and anniversaries of members and friends of Zion. Numbers in () represent year. Please let us know if your birthday or anniversary is missing or incorrect.

HAPPY BIRTHDAY!

- 1 Norman Schroeder
- 4 Cindy Hollen
- 5 Ruby Niemeier
- 6 Shawn Heneisen, Dustin Seitz
- 9 Lyla Hautman, Drake Peterson
- 10 Roger Roedel, Jeff Long, Maggie Dye
- 11 Erica Bullington, Fred Freeman, Bill Esche, Connor Black
- 13 Ron Strupp, Dennis Davenport, Kendra Gries, Kristin Schorr
- 14 David Hunter, Sue Scherry, Jacob Parker, Wendi Simpson, Makayla Stewart
- 15 Arlene Hosto, Jerrad Gleim, Lazlo Ziegler
- 17 Dennis Rueger, Patricia Elkins, Isaac Droege
- 18 Ashlyn Vaught
- 19 Marcia Droege
- 20 Carla Barnhart
- 21 Donna Hartig, Maverick Anderson
- 22 Ryan Englebright
- 24 Joyce Klenck
- 26 Delene Schmitz
- 27 Andrew Noelle, Gregory Droege
- 28 Charlie Primus
- 30 Henry Dye, Dakota Berry

HAPPY ANNIVERSARY!

- 2 Justin & Nikaya Long (2019)
- 5 Jerry & Pam Redman (1988) Ben & Ashley Lingafelter (2016)
- 7 Mark & Stephanie Duncan (2020)
- 12 Duane and Carla (Schroeder) Barnhart (1983)
- 16 Tim and Becky Reineke (1985) Zach and Leah Schroeder (2013)
- 17 Marvin and Ruth Redman (1962)
- 19 Nick & Katie Voegel (2016)
- 20 Brian and Arin (Schmitz) Commens (2004)
- 22 Matthew and Lauren (Parker) Kern (2014)

- 23 Larry and Nancy Lewis (1968)
- 28 Leon and Kay Austin (1963)
- 29 Frank and Teresa (Breiner) DeGiacomo (1985)
- 30 Steve and Cathy (Jolly) Schroeder (1985)



2024 Offering Envelopes

are available for pickup in the foyer. If you don't have a box of offering envelopes assigned to you now, but would like to have them, please contact the church office.

We are happy to have offering envelopes available, however if you donate in another way and find you do not use the envelopes assigned to you, please let us know so we may save the cost of purchasing unused boxes of envelopes.

Please do not pick up boxes of envelopes for family or friends not living in your household, unless they have specifically asked you to do so.

Second Mile – For many years we have taken donations for Medical Ministries in Honduras. If you would like to donate to this ministry, special yellow 2^{nd} Mile envelopes are available at the foyer bulletin board.

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Don't forget to

set your clocks back Saturday evening before you go to bed on November 4th... otherwise you might be an hour late for church on Sunday!

This is also a great time to check batteries in smoke detectors and carbon monoxide alarms!



Dear Friends, how many of us can remember as parents and caregivers of children becoming frustrated with a child who seemed to be insatiable and/or asked so many questions that we finally exclaimed in exasperation, "What?"

That is a question that we might ask ourselves at different points in our lives. Don't you agree? What should I do today? What should we have

for dinner? Where should we go for vacation? What is my purpose? What is my next career move? What is our next church project?

Those are all great questions and we are better to consider, explore and embrace such questions as we grow and deepen our understanding of who we are and how we can continue to make positive strides into our futures.

Consider a story about a Hasidic rabbi who carried two slips of paper, one in each pocket. On one he wrote, "For my sake the world was created." On the other, "I am but dust and ashes." Both are true, and both can be channels for God's love and redemption in our lives. Humility reminds us that we need each other and that we need God, and that God loves us regardless of our goodness. We are blessed, and we are limited. We have only so much time and opportunity to do good and make a difference and a decision.

I believe that we consistently stand at threshold moments that allow us to both appreciate what and who has gone before and to decide what it shall be in the future.

I love what C.S. Lewis wrote:

"The only things we can keep are the things we freely give to God. What we try to keep for ourselves is just what we are sure to lose." — Mere Christianity

Thank you for struggling with these questions with me... for keeping the faith... and for your generosity!

Blessings to each of you, Pastor Jeff



Thank you very much... to everyone that shared a gift card, personal note, text message or a one on one conversation... Thank you for being so kind and generous this Pastor Appreciation Month. I truly thank you and appreciate each and every one of you.

Group: Jursery (Date: Thursday, Novembe Location: West Side, Pearl You must receive this token from your organization prior to your event. Distribution of this token on Hacienda property will disgualify the organization from receiving any proceeds. Don't have time to eat out? Pick up a Hacienda gift card or Fiesta-To-Go order. They count towards the fundraiser. Restaurant Phone Number 812-422-2055

GIFT CARDS WILL NOT BE ACCEPTED TO MAKE PAYMENT FOR YOUR PURCHASE WITH THIS TOKEN



Thursday November 2, 2023 at Hacienda West Side <u>Fundraiser for Zion Nursery Center</u>



Bake Sale Fundraiser for Riley Hospital Sunday November 5

Abby Steinhart is working to raise money for Riley and with help from the Women of Zion will have goodies for sale this upcoming Sunday.



The Women of Zion will meet on Thursday, November 9th at 6:30 pm. All ladies are welcome to join us for "Show and Share" night. Let's open our hearts and minds to learn about one another. Bring anything you would like to share about yourself, it could be a craft item, pictures, rocks, flowers, favorite souvenir – anything that speaks to who you are.

We will also be doing appetizers for the evening. If you have a favorite appetizer, cheese ball or dessert, surprise us with your talents!



<u>"SOUP" COOK OFF -NOVEMBER 12</u> This year's competition will not just focus on Chili - even though chili can be included of course - but rather a wide variety of soups for us to choose from. On Sunday, November 12th following worship, everyone is invited to join us downstairs for a Soup Lunch with all sorts of soups to choose from. You will be asked to vote for your favorite soup. In addition to the soup there will also be other foods to enjoy along with desserts. A donation

is suggested with all proceeds being given to the non-profit of the winner's choice.



Operation Christmas Child Packing Party Sunday, Nov 19 after worship Contact Ashley Lashley if you would like to help.



With Sympathy

We extend heartfelt sympathy to the family of Margaret Anne Nicholson. Anne passed away September 29, 2023 at the age of 94. Funeral services were held October 7 at Zion, with burial following at Mt Pleasant General Baptist Church Cemetery.

We also extend sympathy to the family of Paul Ziegler. Paul passed away October 17, 2023 at the age of 92. Funeral services were held October 23 at Werry Funeral Home in Poseyville, with burial at Laurel Hill Cemetery near Wadesville. Our sympathy is also with the Ziegler family at the recent loss of Paul & Martha's, son Ron.

We cherish many good memories of Anne, Paul, and Ron.

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My Heartfelt Thanks,

Thank you for the many cards and gifts during this time of grief. My family and I are blessed with this outpouring of support. It is greatly appreciated. Thank you, Pastor Jeff for caring and officiating at our memorials. With love, The Donner and Ziegler families



Congratulations to Kari Hoenert and Zach Green, who were married September 30, 2023 at The Gathering Place in Twelve Mile, Indiana. Kari & Zach reside at Lucerne, Indiana.



The children of our church would like to invite everyone to bring extra winter coats and jackets to the church and place them in the big "Coat a Kid" box located in the church foyer. All coats will be collected each week and delivered to Don's Claytons for cleaning and distribution. Last year we collected over 500 coats. Let's see if we might be able to move that number to over 600 coats this year. Thank you all for your support as we seek to get some winter coats to families and children who are without a good coat for this winter. If you have any questions, contact Pastor Jeff.

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Thank you to all who participated in this year's Trunk or Treat event. . . for everyone who brought treats, prepared and shared food, drinks and wonderful fellowship. Even though the weather didn't allow our event to be outside as usual, everyone helped make this year's event another one to remember.

Please enjoy some of the great photos on our Facebook page !!

Council Meeting Highlights – 10/10/23

In Attendance– Michelle Heneisen, Nancy Lewis, Rosie Bogard, Carl Barchet, Patrick Schroeder, Pastor Jeff, Bob Juncker

9/30 YTD Regular Offering: \$150,412.67 9/30 YTD General Fund Income: \$159,946.93 9/30 YTD General Fund Expense: \$148,507.76

- **Council Benevolence Donations** Council decided to designate \$500 to SMILE from the council benevolence funds. Additional council benevolence funds to be designated at future meetings.
- Update on the Sealing & Striping of Asphalt Surfaces Work to be done from Monday, October 16 through Wednesday, October 18. The west drive and cemetery will be done on the 16th and 17th and the east drive will be done on the 18th. Main parking lot will be repaired by Terry Schroeder and a group of volunteers at a cost of approximately \$2,500. Pat motioned to approve the repair project with the around \$2,500 cost and Bob seconded. Motion passed to approve the costs and move forward.
- Update on basketball court & goals project Existing goals and posts have been removed (thanks to Bob Juncker and Jeremy) and the concrete footers have been removed and discarded (thanks to Roger Roedel). The court will be sealed in conjunction with the church and cemetery drives between 10/16 and 10/18. Still need to purchase new goal and have it delivered. Expected to use volunteers to install the goal after the court is sealed.
- **Peppermint Pops** Concert on Sunday, December 3 from 2 to 4 PM. Cost will be \$25 for adults (if 30+ tickets sold). Students and children are free. There were 26 attendees from Zion last year. Council considered providing additional funds from Recreation budget to supplement the price for tickets, as in the past. However, not many funds left in the recreation budget so likely won't go this route.
- Sunday School Teachers Needed Nancy mentioned that additional volunteers for Sunday School teachers for the kids' classes would be helpful, as there have been some Sundays still that haven't been covered or had to be cancelled. Please see Nancy if you are interested.
- Updates to Church Website Michelle noted that there are several sections of the church website that are outdated with old information and pictures. Our current website provider only allows 2 updates per month to the website. Pastor Jeff asked Michelle to look into why we can't more changes than that. Pat to get with Irma Donner on making updates to the Sunday School information on the website, Jeff to get upcoming events updated. Others to review the website for additional needed changes.

TAKING CARE OF YOURSELF AFTER A LOSS

On October 24th following our Tuesday morning fitness class I received a phone call from my cousin who lives in Nebraska. I hadn't talked to Tina in some time so I wondered why she might be calling. When I returned the call I didn't expect the news that she had to share. She told me that my cousin, her brother, Trevor committed suicide that morning and she just wanted to talk to someone so she called.

It wasn't the way that I planned to start my Tuesday morning but there it was nonetheless. Our discussion inspired me to write some of my thoughts about how we can care for ourselves when something like the death of my cousin suddenly creeps into our lives.

Events like this and others can be exhausting... both physically and emotionally. It's our nature to want to care for others and in the midst of these events one of the first things we often do is think of "Taking Care of Ourselves."

So here are some suggestions that help me when I am feeling exhausted from dealing with death and the grief that accompanies the loss.

Move your body - The Tuesday and Thursday fitness classes at St. Peter's on the Hill has been so helpful to me personally. Taking walks, bike rides, and getting outside and moving has proven to not only be helpful but also healing to a grieving soul.

Spend time outside - I feel like there is something transformative about being in fresh air and being around nature. Whether it is walking, sitting in a park, hiking, or going to the lake... please get your grieving self outside. I promise you will feel better.

Take deep breaths - There is a reason people tell you to breathe when you are stressed out. When we're stressed we end up breathing at less than our full lung capacity and these short, shallow breaths increase our anxiety. Practice box breathing... breath in for 4 seconds - hold 4 seconds - exhale 4 seconds - hold 4 seconds - repeat 4 times... Take a minute to remind yourself to do this periodically throughout the day - it's something we all forget.

Nourish yourself - Eat whole foods, protein, vegetables, and try to limit alcohol intake. A healthy diet can make a huge difference in how we feel overall.

Put Yourself First - It goes without saying that experiencing a loss is hard. Try to remember to put yourself first. And while we should be there for people we love, we need to take care of ourselves first in order to be the best versions of ourselves around people.

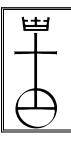
I know the above suggestions seem really obvious. But, if we don't consciously practice such things in challenging chapters of our lives, they might be the first things to go. When you are going through an emotionally difficult time - whatever that is - remembering to take care of yourself often falls down the list of priorities. But taking care of yourself allows you to be more emotionally present, no matter what you're facing. You are the most important person when it comes to taking care of you.

Zion Group Outing to <u>Evansville Philharmonic</u> <u>Peppermint Pops Concert</u> Sunday December 3, at 2 pm Adult tickets \$25 Children & Students Free Deadling to sign up and pay is November 19 Tickets will be distributed Sunday, November 26 See Carl Barchet to sign up

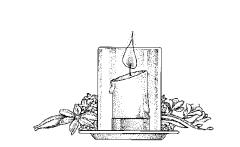
And looking ahead for Christmas . . .



The first Sunday of Advent is December 3 and everyone is welcome to join the Zion Church Family for our annual Hanging of the Greens after the morning worship service. We will decorate many areas of the church, inside and out. There are decorations at the church to use and anyone can help wherever they wish to prepare our church for the holiday season. More info to follow later.



ZION LIPPE UNITED CHURCH OF CHRIST 9000 COPPERLINE ROAD E MT. VERNON IN 47620



Totenfest Sunday, November 26, 2023 during 10:00 a.m. worship

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In remembrance of loved ones who have passed away during this church year



Veterans Day – November 11 We thank and honor our veterans.